 Full Moon worksheet

What am I not happy with in my life?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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What changes would I like to see in my life?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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What do I need to release for these changes to come about? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tonight, with my heartfelt intent, I release the following: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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I now bring in all that is good for me and all that I desire for my greatest good! I ask that the energy of this full moon wash away all that is listed above, as well as all that does not serve me, transmuting this energy back into pure love and light.

I am so grateful for this and I open my heart to receive loving and fun adventures in my life! I am grateful for everything I now have and everything that is lovingly coming to me. Thank you. As I say, so it is!

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 



New Moon Manifesting sheet

I hereby call in…(true love, a new house, new career etc),\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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My new life now looks like this: Every morning I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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During the day I experience \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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In the evenings I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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On weekends I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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I declare this to be a true manifestation of my life. I enjoy loving relationships and I always have time for self care, leisure and creativity as well as exercise and time to spend with love ones. Thank you. I am so grateful I get to live my best life. As I say so it is!